

W/C 21ST JULY 2025 @ ST ANDREWS SCHOOL

		LEVEL 1					LEVEL 2				
TIME	SESSION	MAGIC MONDAY	TEAMWORK TUESDAY	WELLBEING WEDNESDAY	THRILL THURSDAY	FUN FRIDAY	MAGIC MONDAY	TEAMWORK TUESDAY	WELLBEING WEDNESDAY	THRILL THURSDAY	FUN FRIDAY
8:00	DROP OFF	FREE FLOW					FREE FLOW				
9:20	WELCOME	WELCOME TO CAMP					WELCOME TO CAMP				
9:30	ACTIVITY 1	Team Games	Dance Party	Daily Mile	Aerodynamics	Danish Long Ball	Team Games	Swimming	Daily Mile	Aerodynamics	Lacrosse
10:15	BREAK 1	BREAK 1 - SNACK AND FREE FLOW					BREAK 1 - SNACK AND FREE FLOW				
10:45	ACTIVITY 2	Parachute Games	Fitness First	Ball Games	Paint by Numbers	Helping Hands	Football	Fitness First	Swimming	Paper Bag Puppets	Helping Hands
11:30	ACTIVITY 3	Clown Hair	Chill or Move	Eco Gov'	Chill or Move	EcoBricks	Windssocks	Chill or Move	Eco Gov'	Chill or Move	EcoBricks
12:15	ACTIVITY 4	Lawn Games	Mini Football	Mini Olympics	Ball Games	Imagination Play	Rounders	Dodgeball	Kwik Cricket	Tennis	Benchball
13:00	LUNCH	LUNCH TIME AND FREE FLOW					LUNCH TIME AND FREE FLOW				
14:00	ACTIVITY 5	Nature Walk	Animal Charades	Zones of Regulation	Sardines	Footdres	Basketball	Charades	Zones of Regulation	Infection	Tri Golf
14:45	ACTIVITY 6	Chill or Move	Fox and Hounds	Chill or Move	Adventure Playground	Chill or Move	Chill or Move	Sabotage	Chill or Move	Olympics	Chill or Move
15:30	BREAK 2	BREAK 2 - SNACK AND FREE FLOW					BREAK 2 - SNACK AND FREE FLOW				
15:45	ACTIVITY 7	Camp Games	Kwik Cricket	Imagination Play	Camp Games	Flag Hunt	Sardines	Archery	Capture the Flag	Netball	Man Hunt
16:30	PICK UP	FREE FLOW					FREE FLOW				
18:00	CLOSE	CLOSE					CLOSE				
		LEVEL 3					LEVEL 4				
TIME	SESSION	MAGIC MONDAY	TEAMWORK TUESDAY	WELLBEING WEDNESDAY	THRILL THURSDAY	FUN FRIDAY	MAGIC MONDAY	TEAMWORK TUESDAY	WELLBEING WEDNESDAY	THRILL THURSDAY	FUN FRIDAY
8:00	DROP OFF	FREE FLOW					FREE FLOW				
9:20	WELCOME	WELCOME TO CAMP					WELCOME TO CAMP				
9:30	ACTIVITY 1	Team Games	Swimming	Daily Mile	Tri Golf	Benchball	Team Games	Swimming	Daily Mile	Tri Golf	Benchball
10:15	BREAK 1	BREAK 1 - SNACK AND FREE FLOW					BREAK 1 - SNACK AND FREE FLOW				
10:45	ACTIVITY 2	Netball	Paper Bag People	Swimming	Fitness First	Nature Collages	Netball	Paper Bag People	Swimming	Fitness First	Nature Collages
11:30	ACTIVITY 3	Chill or Move	Eco'Gov	Charades	Ecobricks	Chill or Move	Chill or Move	Eco'Gov	Escape Room	Ecobricks	Chill or Move
12:15	ACTIVITY 4	NLC Newsroom	Lacrosse	Rounders	Danish Long Ball	Hockey	NLC Newsroom	Lacrosse	Rounders	Danish Long Ball	Hockey
13:00	LUNCH	LUNCH TIME AND FREE FLOW					LUNCH TIME AND FREE FLOW				
14:00	ACTIVITY 5	Olympics	Escape Room	Infection	Archery	Conflict Coaches	Olympics	Charades	Infection	Archery	Conflict Coaches
14:45	ACTIVITY 6	Sardines	Chill or Move	Chill or Move	Chill or Move	Man Hunt	Sardines	Chill or Move	Chill or Move	Chill or Move	Man Hunt
15:30	BREAK 2	BREAK 2 - SNACK AND FREE FLOW					BREAK 2 - SNACK AND FREE FLOW				
15:45	ACTIVITY 7	Tennis	Capture the Flag	Dodgeball	Jailbreak	Footdres	Tennis	Capture the Flag	Dodgeball	Jailbreak	Footdres
16:30	PICK UP	FREE FLOW					FREE FLOW				
18:00	CLOSE	CLOSE					CLOSE				